

My name is Sue Sample

I use this book to communicate.

Read on to learn how I communicate and how you can help.

I **can understand** what you say. My speech has been affected by my stroke and can be unclear.

I can say **yes** and **no** with speech. I can also nod/shake my head.

I have lots of ways of communicating just like you! **Pointing, facial expressions & gestures** as well as answering yes/no questions.

For **longer sentences** that might be hard for you to understand I use this book.

Pictures symbols help me find the messages. **Large text** also helps.

Allow plenty of time for our conversation. **Speak slowly** in short sentences.

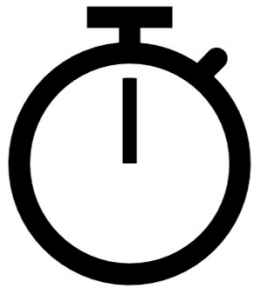
Give me time to answer. **Try not to interrupt** even if you feel uncomfortable.

I use **clues and objects** and can sometimes spell the first letter of words. There is a clues page and alphabet at the back of this book.

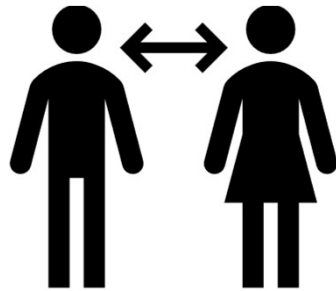
I have a whiteboard for you to **draw or write** on to help you explain what you're saying.

I use a **My Memories** book and a **News** folder for social chat. The index for these is at the back of this book. Let's get chatting!

Menu page 1



1. Quick



2. Social – polite!



3. Straight Talking



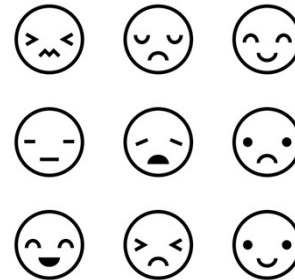
4. I want to



5. Doing my care



6. There's a problem



7. Feelings



8. Going out



9. My opinion



10. Questions

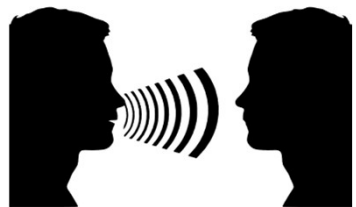


11. My home

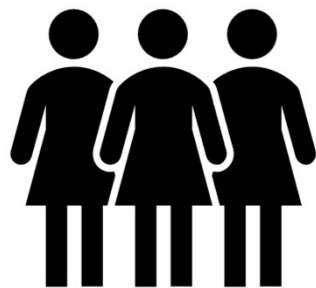


Turn to Menu
page 2

Menu page 2



12. People chat



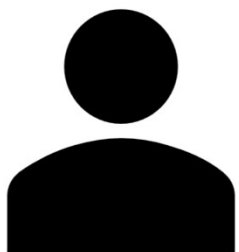
13. People



14. Body



15. Illness



16. My Life

Topic 17

Topic 18



1. Quick



leave me alone



stay and talk



give me time



tell me again



let me do it

forget
about it

1. Quick

2. Social – polite!

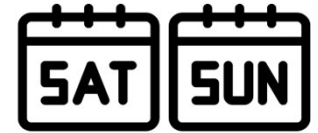


good morning

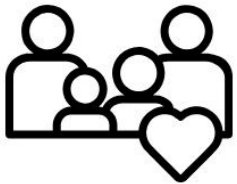


good night

how are
you?



how was your
weekend?



how is the
family?

what have
you been
up to?



watched
anything good
on TV?



how was the
holiday?



have you got
cats?



how are the
kids?

2. Social -
polite

3. Straight Talking



hey! don't tell
me off!



you're draining
me!



a pain in the
neck!



cracks me up!

not likely



oh no! you again!



what time do
you call this?!



oh shit!



bugger off!

3. Straight
Talking

4. I want to



look at photos



wear slippers



have an extra
blanket



give cat treats



buy walnut
whips



buy radio times

4. I want to

5. Doing my care



wipe my nose



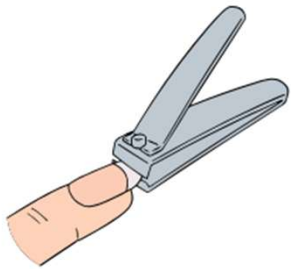
put a cushion
down right side
of my back



put neck brace
on/off



book haircut



cut my nails



brush my hair



rub my feet



get glasses

5. Doing my
care

6. There's a problem (use with 14. Body & 15. Illness)



I feel ill



I'm hurt



I'm not comfy



I don't know
what's wrong



I'm hot



I'm cold



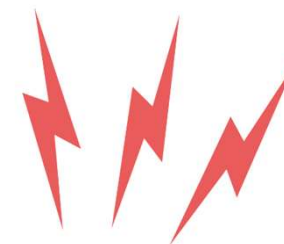
need doctor



need nurse



need podiatrist



get my pain
scale

6. Problem

7. Feelings



happy



excited



surprised



thankful



sad



angry



depressed



worried



OK



numb



bored



content

8. Going out



into town



to the cafe



to the pub



to the restaurant



to the shops



to the
supermarket



to the bank



to X's house



to the park



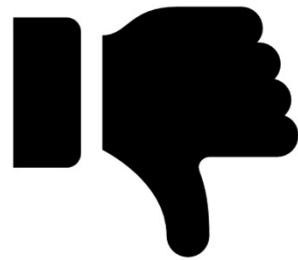
to the seaside

8. Going out

9. My opinion is



like it



don't like



good



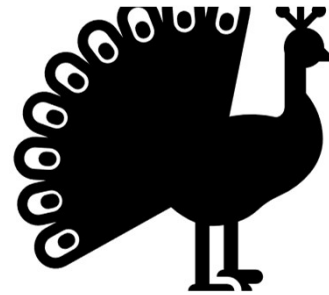
bad



wonderful



awful



beautiful



ugly



fair



mean



exciting



boring

9. My opinion

10. Questions



who?



what?



where?



when?



why?



how?

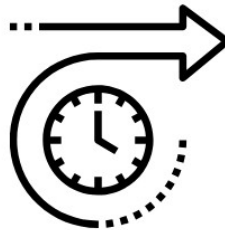


which?



whose?

what
happened?



how long?



how much?

10. Questions

11. My home



turn fan on/off



open/close
window



turn light on/off



turn radio on/off



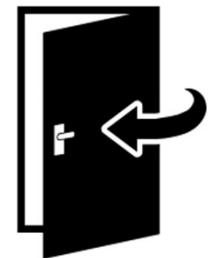
turn heating
on/off



open/close
curtain



tie curtains back



open/close door

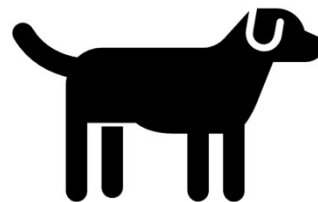
12. People – chat (go to People list 13)



can you ring
[person]



let [person]
know



how is Pepper?



have you been
to the caravan?



whatever
happened to
[person]?



where is
[person]?



when is
[person] coming?



can I visit
[person]?

tell me
about what
[person] has
been doing

13. List - People

people

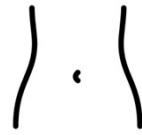


14. List – Body Parts

body



stomach



chest



back



leg



knee



foot



toe



arm



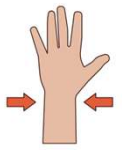
hand



finger



wrist



head



neck



face



hair



ears



eyes



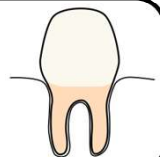
nose



mouth



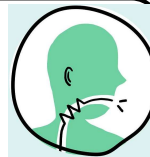
tooth



tongue



throat



Get my
pain scale



15. List – Illness (go to Body Parts list 14)

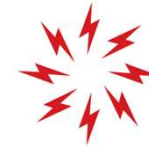
illness



itchy



pain



cold



dizzy



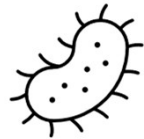
sore



cough



infection



thermometer



fever



swelling



medication



sick



diarrhoea



tissue



constipation



inhaler



Get my
pain scale



16. My Life - index



Remember
when

ABOUT
ME

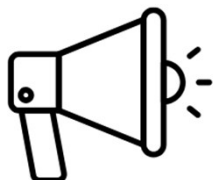
About Me book



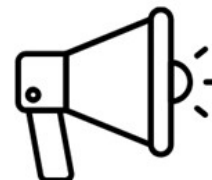
My Memories
book



Let me tell you
about



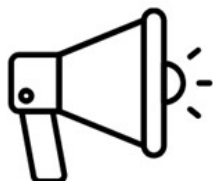
News 1



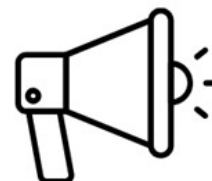
News 2



News 3



News 4








News 5



News 6

It begins with ...

person 	place 	a	b	c	d	e
thing 	animal 	f	g	h	i	j
food 	nature 	k	l	m	n	o
TV 	music 	p	q	r	s	t
action 	description	u	v	w	x	y

It's about ...

now 	past 	future 
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mistake 	z
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